



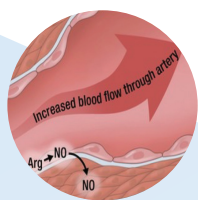
Your Wound Care Nutrition Plan

Your Health Care Provider has recommended using Juven* twice a day for 28 days.

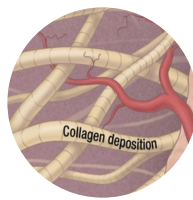
- Juven should be mixed with 8-10 fl oz of water or other liquid (Juven is best when mixed at room temperature).
- Juven can be mixed with juices, yogurt, applesauce, ice cream or other foods to add variety to your diet

Juven helps build new tissue when you need it most – after injury or surgery

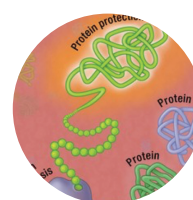
JUVEN HAS A UNIQUE BLEND OF KEY INGREDIENTS TO SUPPORT WOUND HEALING



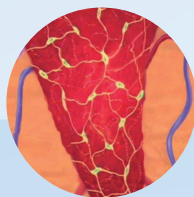
Arginine: Supports blood flow and is directly bactericidal^{1,2}



Glutamine: Supports the immune system and promotes new tissue growth⁵



HMB: Helps produce new tissue by slowing muscle breakdown and enhancing protein synthesis^{3,4}



Hydrolyzed Collagen Protein: Accelerates the rate of wound healing by stimulating internal collagen production^{6,7}



Micronutrients: Contains zinc, vitamin C, vitamin E, and vitamin B₁₂, which are important in the wound healing process⁸



Help support healing with 2 packets of Juven per day

Juven contains conditionally essential nutrients to support wound healing by enhancing collagen production.

References: 1. Stechmiller JK, Childress B, Cowan L. Arginine supplementation and wound healing. *Nutr Clin Pract.* 2005;20:5261. 2. Prell RB, Klein KP, Herrington DM. Vascular effects of dietary L-arginine supplementation. *Atherosclerosis.* 2002;162: 1-15. 3. Wilson GJ, Wilson JM, Manninen AH. Effects beta-hydroxy-beta-methylbutyrate (HMB) on exercise performance and body composition across varying levels of age, sex, and training experience: a review. *Nutr Metab (Lond).* 2008;5:1. 4. Nissen SL, Abumrad NN. Nutritional role of the leucine metabolite beta-hydroxy-beta-methylbutyrate (HMB). *J Nutr Biochem.* 1997;8(6):300-311. 5. Schoemann MB, Bechtold CD, Agarwal S, Lentz CW. *Glutamine and wound healing.* In: Molnar JA, ed. Nutrition and Wound Healing. Boca Raton, FL: CRC Press. 2007;65-86. 6. Lee SK, Posthauer ME, Dorner B, Redovian V, and Maloney MJ. Pressure ulcer healing with a concentrated, fortified, collagen protein hydrolysate supplement: a randomized controlled trial. *Adv Skin Wound Care.* 2006;19(2):92-96. 7. Sugihara F, Inoue N, Koizumi S, and Sriraam VT. Collagen hydrolysate enhanced pressure ulcer healing in a randomized double-blind placebo controlled clinical study. *Jpn Pharmacol Ther.* 2015;43(9):1323-1328. 8. Molnar JA, ed. Nutrition and Wound Healing. Boca Raton, FL: CRC Press; 2007:5.



Easy ways to enjoy Juven[®]

Here are a few single-serving ideas for incorporating 2 packets of Juven per day into your balanced diet.



Juven Spritzer

Makes
1 serving

Ingredients

- 1 package Orange Juven
- 1-1/4 cup of club soda, gingerale, or lemon-lime soda"
- Crushed ice (optional)

Directions

Stir Juven into 3-4 ounces of your chosen soda until powder is dissolved. Pour in the remaining portion of liquid. Stir gently. Add ice if desired.



Orange Cranberry Crush

Makes
1 serving

Ingredients

- 1 package Orange Juven
- 1/4 cup water
- 1/2 cup regular or light cranberry juice
- 1 tbsp fresh lime juice, or to taste
- Crushed ice
- 1/2 cup gingerale, regular or diet
- Lime wedges, orange wedges, or cranberries for garnish

Directions

Dissolve the Juven in a tall drinking glass with the water, cranberry juice, and lime juice. Fill the glass with ice, pour gingerale over ice, and stir. Garnish as desired and serve.

Use Juven under medical supervision in addition to a complete balanced diet.

SAVE \$15.00



Consumer and Retailer: LIMIT 1 COUPON PER PURCHASE PER PRODUCT SPECIFIED AND QUANTITY STATED. Cannot be combined with other offers. LIMIT OF TWO (2) IDENTICAL COUPONS IN SAME SHOPPING TRIP. Void if expired, altered, reproduced, copied, sold, transferred, taxed, restricted, exchanged to any person, firm, or group prior to store redemption, or prohibited by law. Any other use constitutes fraud. Good only in USA and territories. Cash value 1/100¢. Consumer pays sales tax. **Retailer/Clearinghouse:** By submitting, you agree to Abbott's Coupon Redemption Policy (available upon request). Abbott will reimburse you face value of coupon (or actual retail price of item if less) plus 8¢ handling. Send to CMS Dept 70074, ABBOTT NUTRITION, 1 Fawcett Dr., Del Rio, TX 78840. **Pharmacists/Retailers:** Coupon not valid for product reimbursed, in whole or part, under Medicare, Medicaid or similar federal or state government programs.

Order on [amazon](#) to save **\$15.00** on any one (1) Juven multipack with code: 15Juven21